



# Shopping List

## Braised Round Roast

### COMMON PANTRY ITEMS

salt and pepper  
2 tablespoons vegetable oil

### SPICES

2 teaspoons thyme

### GROCERY

1 can beef broth

### PRODUCE

1 onion  
2 carrots  
2 celery stalks  
6 red potatoes

### MEAT

1 food .eez eezy slice roast