



Shopping List

Greek Beef and Hummus Pitas

COMMON PANTRY ITEMS

1 tablespoon olive oil
kosher salt
black pepper
1 teaspoon extra-virgin olive oil
2 teaspoons salt

SPICES

1 ½ teaspoons Greek seasoning

GROCERY

¼ cup kalamata olives
4 pocketless pitas

PRODUCE

1 teaspoon fresh mint
2 teaspoons fresh dill
1 lemon
1 tomato
1 small red onion
2 teaspoons garlic
1 medium cucumber
1 container prepared hummus

DAIRY

1 cup plain (not fat free) yogurt

MEAT

1 lb. food .eez beef tips